

## Social-Emotional Dyslexia

### Abstract

Dyslexia is a learning disorder that affects a person's ability to understand letter and sound relationships, which in turn affects their ability to decode words. This can impact a person's ability to read accurately and efficiently, limiting comprehension of text. Beginning around third grade, significant amounts of information are acquired through reading. Since dyslexia affects a person's ability to read and comprehend, this can negatively affect academic performance. It may also have damaging effects on social and emotional well-being. This presentation explores the social and emotional impact dyslexia has on students to determine a need for social and emotional support in conjunction with interventions, and to investigate the efficacy thereof. Research indicates the negative social and emotional impacts of dyslexia can affect students through adulthood. This article outlines what dyslexia is, how it can impact students' social and emotional well-being, and provides seven research-based interventions and their effectiveness in supporting students with dyslexia in the classroom. Dyslexia also has a very personal element for the author. As a student and now adult with dyslexia and a teacher of students who share the diagnosis, Marshall is dedicated to providing academic interventions while being cognizant of the negative impact on students' social and emotional well-being. Supplementing academic interventions with positive social and emotional support can provide lasting benefits for individuals diagnosed with dyslexia.