A Snapshot in Time: TXST undergraduate Student Veterans Capture Well-Being via Photo Taking

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Introduction

- Student Veterans face unique challenges transitioning to civilian life and higher education;

- Challenges related to well-being and mental health have *changed* and *increased* due to the COVID-19 Global Pandemic.

Background

- Photovoice methodology is an innovative and creative approach to understanding new phenomena

Aims

➤ Understand how TXST student Veterans conceptualize and experience well-being

➤ Examine the benefits of using photovoice methodology

Methods

1. Survey via Qualtrics
2. Orientation of the Study
3. Photo Taking for 2 weeks
4. Interview Discussing Images

Analysis

1. Transcribed Interviews
2. Codebook and Coding Meetings
3. Thematic Analysis via NVivo

Discussion

- Only 5 published student Veteran photovoice studies exist
- Participants reported positive experiences in the study
- Further investigation of how photo taking and discussing the meaning could be potentially therapeutic
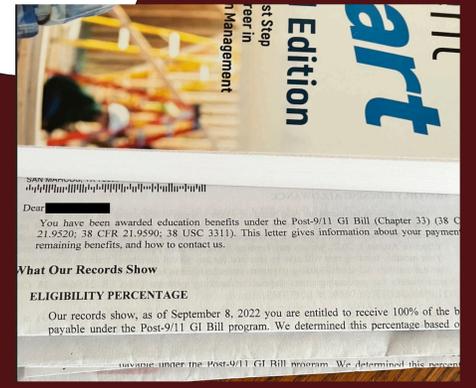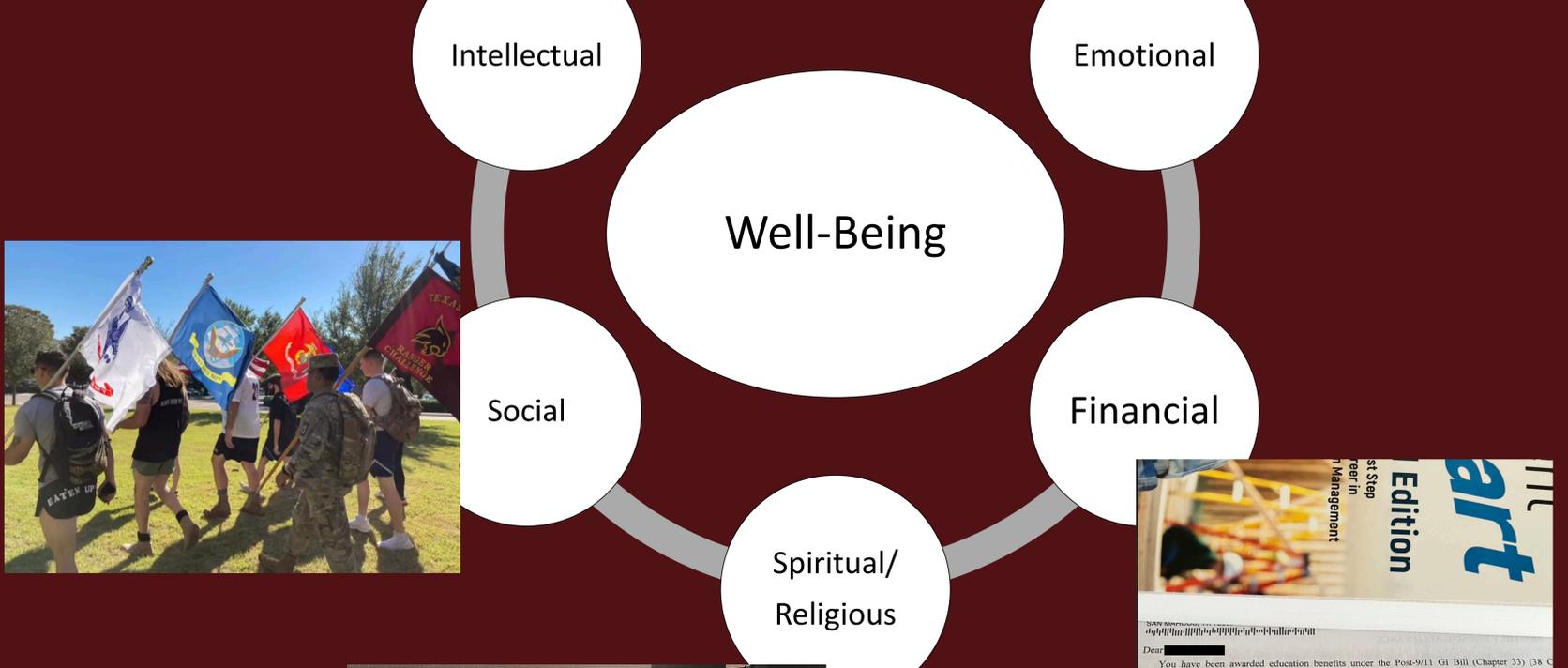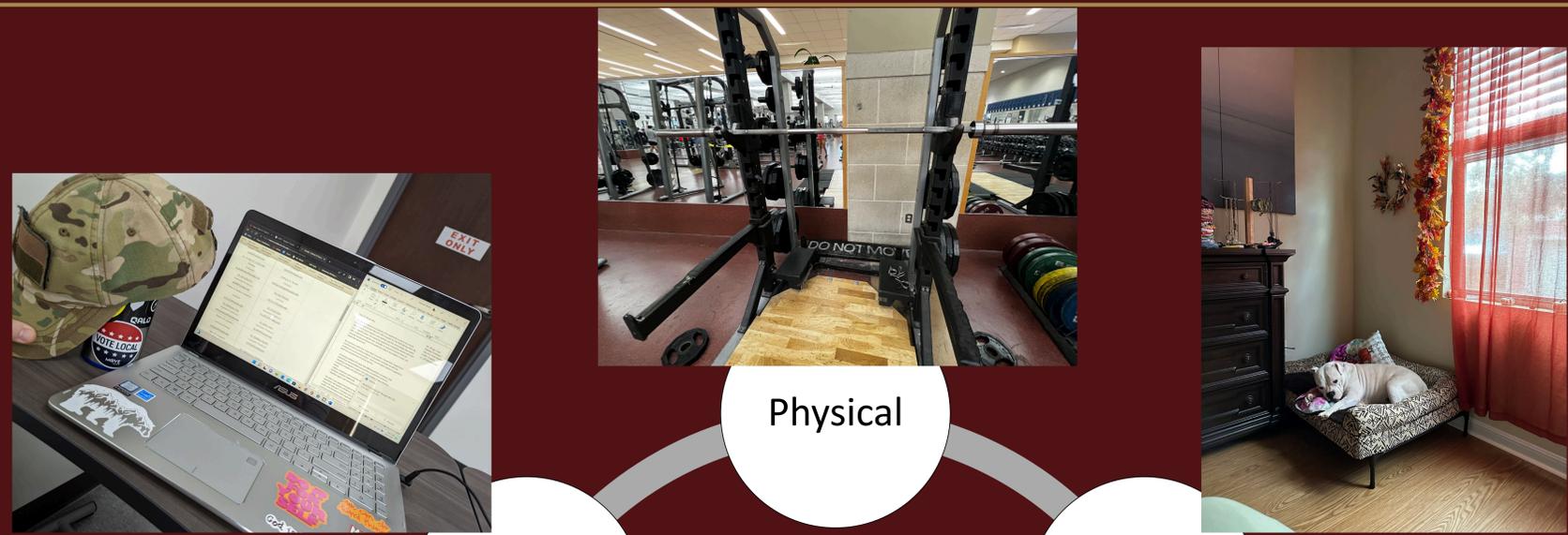
Limitations

- Only Undergraduates at TXST
- *Snapshot* of Well-Being
- Demographics not Representative

Conclusion

This study provides pertinent information to campus and community stakeholders to tailor support for student Veterans.

Acknowledgements

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Well-Being
- Physical
- Emotional
- Financial
- Spiritual/Religious
- Social
- Intellectual

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