

# Alliance of Researchers in Aging

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### What Is ARIA?

- The Alliance of Researchers in Aging (ARIA) supports interdisciplinary research on cognition, cognitive decline and dementia, mental health, caregiving, and physical, social, and spiritual wellbeing in later stages of the life course.
- ARIA is committed to enhancing wellbeing among older adults in Central Texas and beyond through research, education, and service through partnerships with community stakeholders.
- ARIA began in May 2019 with 12 TXST faculty members. Today, ARIA consists of 16 members, 6 affiliates, and 5 community partners:
  - Members represent 13 departments/schools and 5 laboratories in San Marcos and Round Rock.
- ARIA is currently led by Executive Committee comprising Chair, Associate Chair, Communications Coordinator, and Outreach Coordinator.

# **Community Partners**



Provider of services to support older adults in the Austin, TX area



The Price Center Intergenerational community center in San Marcos, TX

PRICE CENTER

Active adult retirement community in San Marcos, TX



Online senior community organizing social and lifelong learning events in Austin, TX



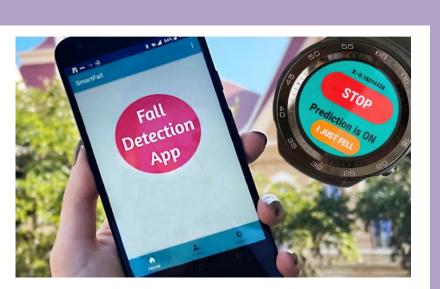
Provider of services to support older adults in

#### Research









- ARIA members have had 34 funded grant submissions totaling over \$6,000,000 related to aging research:
- 22 funded internal grants (\$209,650) and 12 funded external grants/contracts (\$5,809,041)
- Funding agencies/partners include:

National Heart, Lung, and Blood Institute

National Institutes of Health

National Science Foundation

NeuroTrax, Inc.

McKnight Foundation for Neuroscience

Texas Department of Health and Human Services

Texas Physical Therapy Foundation

Little Tokyo Service Center (Admin. for Community Living)

ARIA members have over 300 journal articles, book chapters, and books in a variety of high impact peer-reviewed publications including:

Science Journal of Gerontology Psychological Science Cortex

Neuropsychology Clinical Nursing Research Innovation in Aging Aging & Mental Health Neuropsychologia Journal of Health Psychology Journal of Adult Development Neurobiology of Aging

ARIA members regularly attend and present research at conferences held by organizations such as:

Gerontological Society of America American Speech Language Hearing Association Memory Disorders Research Society Sealy Center on Aging Texas Department of Health and Human Services

Research by ARIA members has been frequently featured in the media:

Magazines/Print: Scientific American, Discover Magazine, Huffington Post, New Trail Magazine, Momentum, Brain & Life, News Medical, San Marcos Daily Record, The Scientist, Texas Monthly, Aging Today

Radio/Podcasts: 94.1 KWVH Wimberley Valley Radio, Texas Big Ideas podcast, Third Age Design podcast, I Heart Radio podcast, KZSM Television: KENS5 CBS San Antonio affiliate, CTV News W5

## Community Outreach

Since 2019, ARIA has engaged in service outreach with community-based organizations in TX:

The Price Center

Solstice Senior Living Community

Wimberley Chamber of Commerce San Marcos Activity Center

Capital City Village

Successfully Aging and Living in San Antonio

Wimberley Village Library

San Marcos Senior Citizens Expo

- "Healthy Aging" workshop series, The Price Center, San Marcos, TX
  - One workshop per semester: Fall 2023 (9/28/2023); Spring 2024 (2/16/2024); Fall 2024 (TBD)
- Presentation on Aging, Memory, and Sleep
  - Kissing Tree retirement community: 5/21/24







### **Future Endeavors**

- TXST University Lecturer Series event, Fall 2024:
  - "Mechanisms of SuperAging," Dr. Emily Rogalski, Professor and Director of the Healthy Aging and Alzheimer's Research Care Center, University of Chicago (pending approval)
- Preparation of NIH P30 Center Core grant
  - Expected submission: 1/25/25
- Expansion of ARIA's research participant database of adults ages 55+ for use by members
- Monthly meetings for members and affiliates to encourage collaborative research and grant proposals





